

CHALLENGES THAT ARE FACED BY EVERY WOMEN IN INDIA

Dowry

Dowry so called “Dahej” in the Indian society. It is a based ritual of transfer of property including cash, vehicles, household goods, etc. A Dowry is defined as the property that is received by a Man from the family of his would be Wife during the process of their Marriage. Being totally illegal this ritual is still practiced all around India. Gifts and cash are broadly exchanged between the two families calling it to be a Tradition that has been followed from ages.

It is believed, that, is the boy/groom is well-educated and a respectable job with a good source of income his value automatically ascends. Hence he becomes eligible the Dowry system. The strange thing is that this ritual is highly followed almost everyone in India no matter what caste, creed or society they belong to. Thus the dowry system could be stated as a real challenge that a woman’s face.

NO! Education or Low Qualification

Another most famous and popular challenge that woman’s face is related to low educational level. Although a lot of new schemes and plan are being introduced as a medium of improvising this condition,

as a result situation is for sure getting better but only to some extent. Still large no of girls, constitute a large body of underprivileged citizen. They are taken away from this basic necessity of life, forcing them to make their involvement in household work. Most in backward caste these women have to face Lack of Education and attention as compared to boys.

It is believed that until these backward groups hold a major responsibility for future development of the country. Still, this sector of society, either ignore or sideline the law of “***RIGHT TO EDUCATION***” of girls, who wants to explore the world.

Women Trafficking

Famous for enforcing young girls or woman to enter the world of Prostitution or Drug Dealing as means for their livelihood for survival this is another most threatening situation for a woman. Once trapped in this cage, possibility of getting free becomes next to impossible. This so called business not only hears a woman physically, but mentally and socially too. She eventually loses her identity, feels isolated and becomes unfamiliar with the outside world.

The shocking truth of this industry is all ages is not a limitation her youngest to eldest woman are pushed into it willingly or unwillingly either-way resulting to lost childhood of little.

Killing Girl Child (Female-infanticide)

Another most disheartening issue that a woman's face. We hear a lot of cases every other day related to the killing of a girl child in the womb or soon after she takes the birth. Nation like India is still fighting against female infanticide. It's totally bizarre act done by some shameless and heartless people who call them themselves to be human. Looks like it's not the mother to decide whether to keep the child or not. Due to certain laws and new schemes, the act has descended to some extent but hasn't stopped totally.

Thus, it still needs to be uprooted. This discrimination on the basis of gender is for sure, isn't genuine, but mindsets of people even today revolves around some old myths or misconceptions that needs to end soon.

Restrictions from the Family

The increasing no of crimes that includes mainly sexual harassment of women, Rape cases/Murder are basically provoking the parents to create certain boundaries and limitations to their daughters' lives. Late night parties, Traveling alone, Longer tours are a big "NO" to the parents due to the fact that the city no longer is safe and secure for their daughters. Just because of some creeps and gross people girls/woman has to face problems in their day to day life. They live a restricted life where they need to limit their wishes and desires to travel.

According to the parents, going out should include someone on whom they can count on completely



Balancing Home and the Office

The world is fast-paced so are we, we women try to cope up with the speed and intensity of the new developed world. But do we succeed? Achieving success in both Home and Work is definitely not easy and is full of pressure (from outside as well as inside). While some women handle both work and home wisely and smartly others totally look for ways to make the situation better and in their favor.

The aim should be to balance both in equal level, but it rather turns out to giving “priority” to one over another.

Thus, it's really necessary to maintain both personal and professional life with proper planning without affecting one another in the way possible.

Body Image

Too tall, too short, too skinny or too curvy- these are the common sentences that a woman has to hear. The not so important but still too important features in a woman are a matter of concern. The low mentality and narrow minded people are needed to improve their way of judging a woman. Due to this, women tend to lose self-esteem (self-esteem is worth that you about yourself and how much you are valued and considered by others physically). Thus, the factor is certainly linked directly to self-esteem.

Distant Treatment Post Divorce

Our society claims a divorced/single woman to be outcast. Instead of sympathizing or consolation, these women have to face a harsh treatment from the society. We can totally blame our morals and customs that has been followed and practiced for a long time for this inhuman and unacceptable behavior. It is being believed that a woman is a shadow of her Husband and without her shadow/husband she is valueless.

The strange and hard to trust fact here is that not only the outside people, but these women are even criticized by their own relatives and family. Although, the case is

not same everywhere it is due to the fact that not everybody is same by nature. If there's a world of aloofness on the other side, there's another world that is full of support, sympathy, love and care of the our people. But still the ratio is higher in the first case.

Menstruation

Right after PMS the other, on average, 3-5 days challenge that woman has to deal with. Doctors consider it to be a sign of womanhood. However, along with this some even have to face the problems of irregular periods or Menorrhagia (extremely heavy, prolonged periods), Amenorrhea (the absence of periods), Dysmenorrhea, due to hormonal imbalance or other issues.

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